

In the 1st Joyful Mystery, we read and we meditate undisturbed:

“The Annunciation of the Angel Gabriel to Mary”...



FROM THE GOSPEL ACCORDING TO - LUKE:

“The angel Gabriel was sent from God to a city of Galilee called Nazareth, to a virgin.... Entering to her, he said, ‘Rejoice, O you who are full of grace! The Lord is with you.’” (Luke 1:26-28)¹

MEDITATION ON THE MYSTERY:

Lord, surely You permitted the Angel to come to Mary without specifying exactly how he came, because you want us to understand that the Announcement of the Angel in our life can happen in many mysterious ways, as it is written: “God speaks in one way or in another, but we do not pay attention” (Job 33:14). And one of these many direct ways mentioned by Your Divine Word (interpreted by the Catholic Doctrine) is that of dreams! (cf. SLC, pp. 64, 11)

FROM THE TEACHINGS OF THE CATHOLIC CHURCH:

- In regards to how God speaks, Pope Francis says: “The dream symbolises the spiritual life of each of us, that inner space that each of us is called to cultivate and guard, where God manifests himself and often speaks to us.” (POPE FRANCIS, General Audience, 26 January 2022)

¹ from the Italian Jerusalem Bible (CEI) 2008, unpublished translation by pfgsm

FREE AND PERSONAL MEDITATION

(for a personal contribution to give to those who listen):

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Then follows ...

- 1 Our Father ...
- 5 Hail Mary ...
- 1 Glory be to the Father ... (Sung)
- Praised be,,,
- O my Jesus, forgive us...
- Mary, Queen of Peace ...

- Then, a quick song relevant to the mystery / or one sings : “ Aveeeee, Aveeeee, Ave Maria”

Then one goes on to the next Mystery which (like this one) if possible must not take more than 5-7 minutes ...